

Maine Rafting Trip
July 20-22
Adventure Bound
Caratunk, Maine
1-888-606-7238
www.adv-bound.com

Itinerary

Monday

- 9:00 am - Meet at Hartland Recreation Center
- 9:30 am - Depart from Hartland Recreation Center
- 12:30 pm - Stop for Lunch (not provided)
- 3:30 pm - Arrive at Adventure Bound (www.adv-bound.com)
- 5:30 pm - Dinner
- 7:00 pm - Evening Meeting
- 7:30 pm - Free Time
- 10:00 pm - Lights Out

Tuesday

- 8:00 am - Breakfast
- 9:00 am - Rafting Check-In
- 12:30 pm - Lunch on River
- 6:00 pm - Dinner
- 8:00 pm - Evening Meeting
- 10:00 pm - Lights Out

Wednesday

- 7:00 pm - Breakfast
- 7:30 am - Morning Meeting
- 8:00 am - Depart from Adventure Bound
- 12:30 pm - Stop for Lunch (not provided)
- 5:00 pm - Arrive at Hartland Recreation Center

All times/activities are subject to change

Packing Checklist

- | | |
|--|---|
| ☐ 3 pairs of socks | ☐ 3 pairs of underwear |
| ☐ Hiking boot or shoes | ☐ Sandals |
| ☐ 2 pairs of shorts | ☐ 1 pair of Long pants |
| ☐ Lunch money for travel days | ☐ Bathing suit/shorts |
| ☐ Bug Spray | ☐ Sunscreen |
| ☐ Strap for glasses | ☐ Towel |
| ☐ 2 Water Bottles | ☐ Sleeping bag |
| ☐ Sunglasses | |
| ☐ Flash light | ☐ Tooth Brush |
| ☐ Rain coat | ☐ Personal medications |
| ☐ 3 T-shirts | ☐ Long sleeve shirt |
| ☐ Sweatshirt | ☐ Extra food |
| ☐ soap | ☐ Toothbrush |
| ☐ Hand sanitizer | |

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Registration Form & Waiver

*Check off the items as you pack them in your bag.
This list should help you get started, but it may not be complete.
Please refrain from bringing too much as we are limited in travel space.*